



**DermaKācā**  
An ode to beauty

### **About Academy**

Get yourself trained with  
extensive hands -on  
training for all procedures.

**Every great success story  
started with a single step !**

# **DERMAKĀCĀ WELLNESS ACADEMY**

**JOIN NOW!**



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# Welcome to DermaKācā Wellness Academy



## Expert Training in Facial Aesthetics

DermaKaca Wellness Academy offers Comprehensive training in facial aesthetics & clinical cosmetology.



## Empowering Professionals and Job Seekers

Catering to doctors, job seekers & professionals seeking skill enhancement.



## Holistic Career Development

One-stop solution for career excellence in facial aesthetics & cosmetology.

## Highlights

- **\*Expert Training\***: Learn from highly qualified professionals in facial aesthetics.
- **\*Hands-on Experience\***: Practical training is our Unique Selling Point (USP).
- **\*Structured Curriculum\***: Course divided into modules for better understanding.
- **\*Government Certification\***: Earn a recognized certification upon completion.
- **\*Personalized Guidance\***: Ongoing support for clinic practice or job seekers.





[www.dermakaca.com](http://www.dermakaca.com)

## About Us

### Welcome to Dermakaca Wellness Academy

**At Dermakaca Wellness Academy, we are dedicated to providing expert training and education in facial aesthetics and clinical cosmetology. Our mission is to empower individuals with the knowledge and skills required to excel in this rapidly evolving field.**

#### Our Expertise

**Our team of highly qualified professionals has extensive experience in facial aesthetics and cosmetology. We are committed to delivering high-quality training and hands-on experience to our students, ensuring they are well-prepared to succeed in their careers.**

#### Our Commitment

**At Dermakaca Wellness Academy, we are committed to providing personalized guidance and support to each of our students. Whether you're looking to start your own clinic or pursue a career in facial aesthetics, we are here to help you achieve your goals. Our government-certified courses and expert training will give you the confidence and skills you need to succeed.**

[dermakaca@gmail.com](mailto:dermakaca@gmail.com)

# TOPIC 1



## Skin & Hair

- **Structure & Function**
- 
- **Skin Types**
- 
- **Common Skin Problems**
- 
- **Reasons of Ageing**
- 
- **Etiology of skin and hair problems**
- 
- **Normal Hair Growth cycle**
- 
- **Hair Types**
- 
- **Reasons of hair Problems & hair loss**



## TOPIC 2



### Skin Cosmetic Treatments

- **Acne & Pimple treatment**
- 
- **Scar treatments**
- 
- **Oily skin treatments**
- 
- **Dry skin treatments**
- 
- **Pigmentation issues**
- 
- **Skin Rejuvenation treatments**
- 
- **Anti Ageing**
- 
- **Mole, Wart and Tag Removal**
- 
- **Melasma Treatment**
- 
- **Tanning and PIH Treatment**
- 
- **Vampire Facial**



## TOPIC 3



### Laser Machines

- • Laser Hair Removal
- 
- . Pigments And Tattoo Removal Laser
- 
- • Cautery
- 
- • Radio Frequency (RF Technology)
- 
- IPL
- 
- ND YAG
- 
- Diode
- 
- Hydra facial
- 
- Photofacial
- 
- Omega facial
- 
- • RF treatment Radio frequency Tighteni
- 
- • Electro Cautery
- 
- Cavitation machine
- 
- Microdermabrasion
- 
- . EMS
- 
- Low level laser therapy





## TOPIC 4

### .....✦..... Hair Treatments

- **Hair Cycle**
- 
- **Hair Loss Reasons**
- 
- **Hair Loss Diagnosis**
- 
- **Various Hair Loss Treatments**
- 
- **. Cosmetic and Surgical Treatments**
- 
- **Hair Loss Medicines**
- 
- **Androgenetic Alopecia Treatment**
- 
- **Male & Female Pattern Balding**
- 
- **Hair Regrowth Therapy**
- 
- **Hair Meso**
- 
- **Hair PRP**
- 
- **Alopecia Areata Treatment**
- 
- **. Laser Treatment For Hair Loss**

## TOPIC 5



### Microdermabrasion Skin Polishing

- • **What is microdermabrasion**
- 
- • **Indication**
- 
- **Types**
- 
- • **Patient selection**
- 
- • **Procedure**
- 
- **Side effects**
- 
- • **Combination therapies**



## TOPIC 6



### Chemical peels

- **What are chemical peels**
- 
- **Peels Characteristics**
- 
- **Indications for chemical peeling**
- 
- **Precautions**
- 
- **Patient Selection**
- 
- **Patient skin Evaluation**
- 
- **Classification of Chemical Peel**
- 
- **Types: Glycolic, Salicylic Lactic, Jessners solution, TCA, Yellow Peel etc**
- 
- **Contraindication**
- 
- **Side effects of peels**
- 
- **Combination therapies**



# TOPIC 7



## PRP/GFC

- • **Platelet Biology**
- 
- • **Different growth factors & their function**
- 
- **PRP Devices**
- 
- **Processing PRP**
- 
- **Centrifugation techniques**
- 
- **Single skin / Double skin**
- 
- **Creation & Activation**
- 
- **Indication of PRP**
- 
- **Contraindication**
- 
- **. Injection techniques**
- 
- **PRP for skin, hair Rejuvenation**
- 
- **Vampire Facial**



## TOPIC 8



### Microneeling

- • **What is Microneedling**
- 
- • **Dermarollers & Dermapen**
- 
- • **Mechanism Of Action**
- 
- • **Microneedling For Skin**
- 
- • **Microneedling For Rejuvenation**
- 
- **Microneedling For Scars**
- 
- • **Microneedling For Stretch Marks**
- 
- **Microneedling For Hair Loss**

## **TOPIC 9**



### Mesotherapy

- **What is mesotherapy?**
- 
- **Ingredients & products**
- 
- **Meso cocktail**
- 
- **. Types of mesotherapy Injection**
- 
- **MesoBotox**
- 
- **Mesogun**
- 
- **• Mesotherapy for skin Rejuvenation**
- 
- **• Mesotherapy for hair loss**



# TOPIC 10



## Botox ( Botulinum Toxin)

- • The Product
- 
- • Facial Anatomy in Detail
- 
- • Mode of Action
- 
- Botox for:
- 
- - Forehead lines
- 
- - Crows feet
- 
- Glabellar complex
- 
- Bruxism
- 
- - Gummy smile
- 
- Lateral brow lift
- 
- Side Effects & Complications
- 
- Management Of Complication
- 
- • Allergic / Regional
- 
- Duration of Action
- 
- . Appropriate Doses/ Dilutions



# TOPIC 11



## Derma Fillers

- **Introduction to Dermal Fillers**
- 
- **• Facial anatomy**
- 
- **Pharmacology**
- 
- **Types of Dermal Fillers**
- 
- **- (Restylane, Juvederm etc.)**
- 
- **Injection technique and Injection depths**
- 
- **Forehead lines and Scars**
- 
- **Rejuvenators**
- 
- **Skin boosters**
- 
- **Nasolabial Folds**
- 
- **- Marionette lines**
- 
- **Pateint selection for Dermal Fillers**
- 
- **Storage of fillers**
- 
- **Complications**
- 
- **Management of Complication**
- 
- **• Side Effects & Complications**
- 
- **• Combination use of Botox & Fillers**

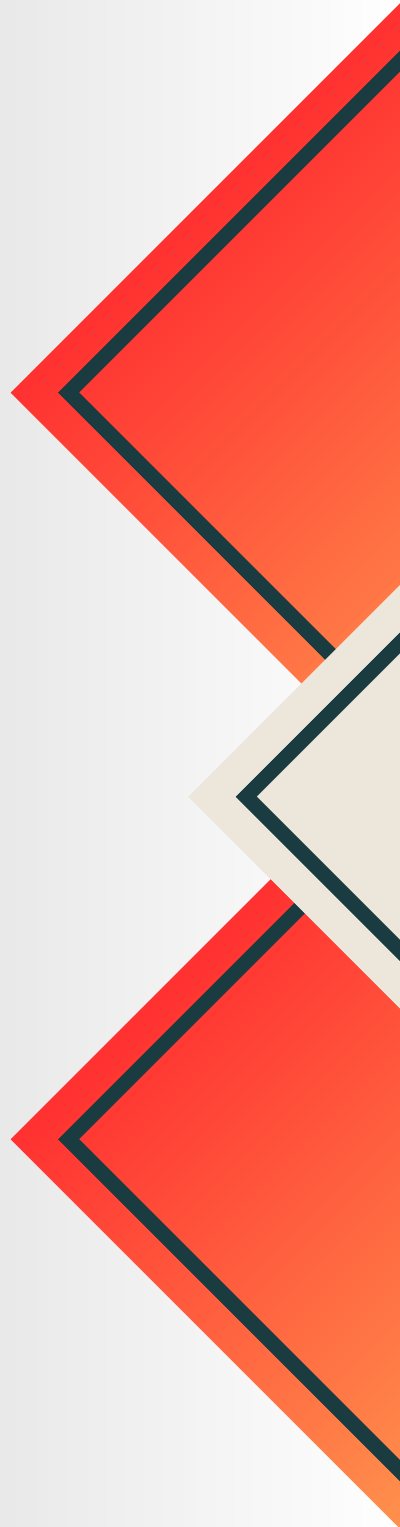


## TOPIC 12



### Facial Threads ( Face Lift )

- **Monothreads**
- 
- **What are PDO threads**
- 
- **Indication**
- 
- **Patient selection**
- 
- **Mode of action**
- 
- **Technique Directions**
- 
- **• Precautions**
- 
- **Side effects**
- 
- **Results**
- 
- **Liffting Vectors**
- 



## TOPIC 13



### Advance Botox

- Botulinum Toxin for
- 
- • Middle Face and lower face
- 
- Bunny lines
- 
- Gummy smile
- 
- • Smokers liner
- 
- Masseter for square face
- 
- Dimpled chin
- 
- Turkey neck rejuvenation
- 
- Neck rejuvenation by BOTOX
- 
- Botulinum Toxin for Hyperhidrosis
- 
- Meso Botox
- 
- Liquid Face Lift

## **TOPIC 14**



### **Advance Fillers**

- **Dermal Fillers for Under Eyes  
(Tear Trough)**
- **Dermal Fillers for**
  - Lip Augmentation/pouting,**
  - Merionette lines & Folds**
- • **Liquid Face lift**
- **Derma fillers for**
  - Jawline shaping**
  - & chin shaping**





# TOPIC 15



## Advanced Laser & Slimming Device

- • **Co2 laser**
- 
- • **Fraxel**
- 
- **HIFU**
- 
- • **Radio frequency (RF)**
- 
- **Mono**
- 
- **Bipolar**
- 
- **Tripolar**
- 
- • **Ultra Sound lipolysis**
- 
- • **Meso lipolysis Injection**
- 
- • **Heat treatment**
- 
- • **EMS**



## TOPIC 16



### Glutathione

( Antioxidant For Skin )

- **What is Glutathione**
- 
- **Mode of action**
- 
- **Benefits of glutathione**
- 
- **Glutathione in fairness therapy**
- 
- **importance of glutathione**
- 
- **Glutathione oral therapy**
- 
- **Glutathione injectable process**

# TOPIC 17



## Advanced Chemical Peel

- **TCA Peel**
- 
- **Yellow Peel**
- 
- **Black Peel**
- 
- **Blue Peel**
- 
- **Hyper Pigmentation Peels**
- 
- **Body Peels**
- 
- **Undereye Peels**
- 
- **Lip Lightning Peel**
- 
- **Neck Peel**
- 
- **Cosmelan Peel**



## TOPIC 18



### Future Discussion

- **How to setup cosmetic clinic**
- 
- **Marketing and promotion &**
- 
- **how to increase clientele**
- 
- **Medico-Legal Aspects of Cosmetology**
- 
- **What products and machines**
- 
- **to buy & from where**
- 
- **Job Placement opportunities**
- 
- **One Case Presentations**
- 
- **Assesment/MCQS**
- 
- **Discussion in Cosmeceuticals**